

Friends of Sahir House



Monthly Newsletter February 2012

Welcome to the first 'Friends of Sahir House' Newsletter, and a very (belated) happy New Year to you all. We will be producing this each month with news of what's happening at Sahir House, news of what's happening in the HIV world and anything else we think you would like to hear about!

As 2012 gets up and running, there's lots to update you on this month.

Firstly, for those of you who may not know, we relocated from Rodney Street to a modern and fully accessible office in a beautiful 1930s art deco building on Dale Street. This building hosts many organisations so Sahir House service users can still be assured of a strong commitment to confidentiality. We are located on the 2nd floor and have a very welcoming reception, where you can drop in anytime and pick up information in relation to HIV.

We have also recruited 4 new staff: 2 Outreach Workers, the Women's and Asylum Support Worker & the Monitoring & Research Administrator. The outreach workers will improve access to services in more rural areas and bridge that gap between home based and in house support.

Receiving this newsletter

If you do not wish to receive this newsletter, please let us know.



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info@sahir.uk.com



*Making a **Positive** Difference. . .*

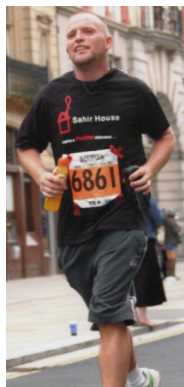
Fundraising and events planned for 2012



Lady Sahir at
Alternative Miss Liverpool



Wirral Coastal Walk



Colin our
Marathon
Runner



Sahir House marching at
Pride 2011

As ever Sahir House are always looking at new & fun ways in which to fundraise, here are some ideas in which you could support us in our efforts:

- Ask people for unwanted items that you may be able to sell on e-bay and donate the proceeds to Sahir House
- Get a team together from your office to take part in a sponsored event – a lot of organised sponsored events take a small registration fee (which is how they raise money) and the rest of the money you raise goes to the charity of your choice
- Wear red to work day and charge money for that
- Have an information point in the office in the lead up to World Aids Day, give out red ribbons and collect donations at the same time, this could coincide with your 'Wear Red to Work Day'
- How about organising a pub quiz in your local, inviting colleagues to form teams and take part
- Organise a themed event – race night, casino night.....

If you do any fundraising in the work place see if your company will match the amount raised... lots of companies match the funds that their employees raise – could double the amount of money & also encourage more support in the work place.

So far this year.....

Sahir House already have a small team of runners taking part in the Liverpool Marathon 2012, a team taking part in the Wirral Coastal Walk and a person doing a sponsored sky dive.

If you would like to fundraise for Sahir House or join our team on the Wirral Coastal Walk please contact Serena Cavanagh.

We will also be supporting and marching with Liverpool Pride again, if you would like to join us please contact us.
Liverpool Pride—Saturday 4th August 2012

Making a **Positive** Difference. . .

World AIDS Day 2011



Bronagh Waugh—Actress

Sahir House trained volunteers gave out 1000's of red ribbons and collected donations at all the Mersey Rail stations and local theatres

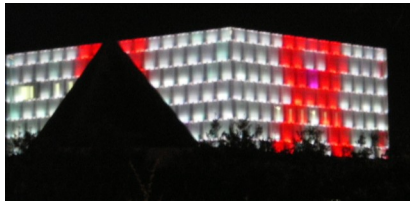
- Over 100 World AIDS Day packs were given out
- 3 student fundraising events were organised
- 8 events attended (displaying & distributing Sahir House information)
- 15 HIV awareness sessions delivered
- Sahir House offered HIV testing on site on December 1st
- Publicity in local press and student press, websites, intranets.

Did anyone notice the red ribbon illuminated on the side of the building of the Engineering Department of University of Liverpool? See picture (left).

The whole campaign culminating with our World AIDS Day event at Mountford Hall, attended by over 400 guests, with guest speakers including Bronagh Waugh from Hollyoaks, the Black-E choir and the reading of our remembrance list by candle light.

Over £4000 has been raised for Sahir House!

Sahir House would like to thank everyone involved in raising awareness and funds around World AIDS Day 2011 and would like to encourage people to keep in touch and support World AIDS Day 2012.



Martin Fenerty
Armistead Project



Jane Marshall—St Helens PCT



Joan Burnett
Liverpool Pride



Peter Channon

All photos are taken by Rebecca Ditman, please check out her website

<http://www.wix.com/rebe835/mercurialspirit>

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FACTS & STATS



Useful websites:

www.sahir.uk.com

www.aidsmap.com

www.avert.org

www.nat.org.uk

www.tht.org.uk

Red Ribbon

The international symbol of
HIV & AIDS Awareness,
Support & Remembrance



Wear your Red Ribbon with pride

www.sahir.uk.com

HIV has not gone away in the UK ...

- Approximately over 100,000 people are living with HIV in the UK – that's more than ever before.
- Approximately 25,000 people in the UK have HIV but don't know.
- 90% of people do not know all the ways HIV can and cannot be passed on.
- One in 20 gay men across the UK are HIV positive. In London this is 1 in 10; and in Brighton 1 in 8.

Discrimination exists in schools ...

Children as young as four have been excluded from schools just because they are HIV positive, this is illegal. Having a child living with HIV in school poses no risk to staff or pupils. There is no known case of an HIV transmission occurring at school. HIV cannot be passed on by spitting, tears, small cuts or grazes, sharing utensils or toilet seats.

Discrimination exists at work ...

The workplace is one of the places where people living with HIV experience most discrimination.

If you would like information, resources, training please contact the Sahir House HIV Promotion & Stigma Reduction Service on 0151 237 3989

info@sahir.uk.com

Making a **Positive** Difference. . .



Sir Elton John has signed a deal to publish "the very personal story" of how Aids affected his life. The book, which will be called *Love is the Cure: Ending the Global Aids Epidemic*, will include his memories of friends including Queen frontman Freddie Mercury who died of an Aids-related illness in 1991.

Sir Elton said: "This is a disease that must be cured not by a miraculous vaccine, but by changing hearts and minds, and through a collective effort to break down social barriers and to build bridges of compassion. Why are we not doing more? This is a question I have thought deeply about, and wish to answer - and to help change - by writing this book." Money raised by sales of the book will go to his charity Aids foundation which has raised millions of pounds since it was set up in 1992.

The book, described by publishers Hodder and Stoughton as "the very personal story of Sir Elton's life during the Aids epidemic", will be published in July along with an audio book read by Sir Elton.

Sahir House can offer a variety of resources for you to display on notice boards, leaflet racks, reception areas etc. These resources will raise the profile of Sahir House and HIV in your workplace:

- Sahir House leaflets
- Sahir House postcards
- A4 posters
- Statistic fact sheet
- Red ribbons
- Collection tins
- E-mail updates

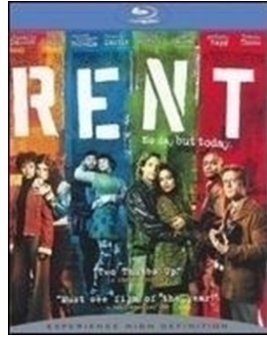
Just drop Sahir House an e-mail with your request.

Sahir House opening times:
Monday 1pm – 5pm
Tuesday – Thursday 10am 5pm
Friday 1pm – 5pm
Monday evening therapy
& counseling
appointments available
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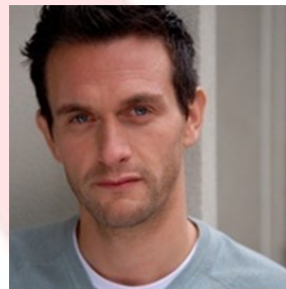
Registered Charity No: 1077327
Company No: 3821749

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Watch & read more about HIV



Eastenders



Hollyoaks



Cate Jacobs



Edmund White



Derek Jarman



Larry Kramer



Randy Shilts

Simon Garfield



Justice Edwin Cameron

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